

Women's Art Therapy Group



INTEGRATIVE
TRAUMA
TREATMENT
CENTER



Group Art Therapy Details:

The women's art therapy groups will be held the last Monday of the month from 1:30pm to 3:30pm.

- April 24th – “Letting go” Tissue paper art
- May 29th – Collaging Calm
- June 26th – Positive Affirmations
- July 31st – Permission Slips

Groups will be held at the Integrative Trauma treatment Center:

811 NW 19th Ave
Portland, OR 97209

Please call **971-266-6910** to reserve your spot

Covered for OHP clients and \$60 for private insurance

Payment must be made at the time of your reservation. We will be unable to offer refunds for those who do not attend.

Facilitated by:

Sarah Dobey, LPC